

DEMAND CONTROL VENTILATION WITH RENEWAIRE ERVs AND DOAS UNITS

Breathing fresh, high-quality air is essential for well-being. As the link between airflow, health, and productivity becomes clearer, ventilation design is gaining greater focus across engineering disciplines. As such, [*ASHRAE Standard 62.1, Ventilation for Acceptable Indoor Air Quality*](#), remains the benchmark for determining required outdoor air rates.

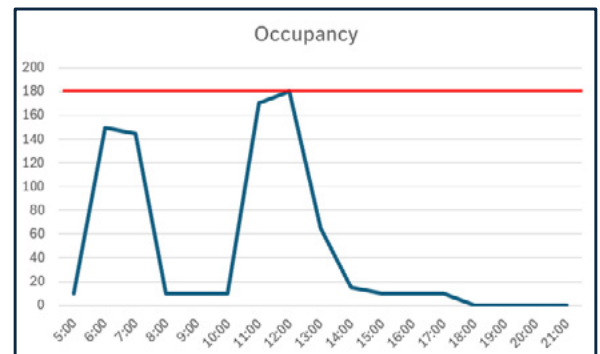
However, bringing fresh outdoor air inside comes at a cost. Outdoor air is unconditioned and must be heated, cooled, or dehumidified to match indoor temperature and humidity targets before it is distributed throughout a space. This conditioning process requires significant energy, driving the continuous growth of the energy recovery market and leading building codes to increasingly mandate air-to-air energy recovery systems.

To balance this energy load against indoor air quality goals, [*ASHRAE Standard 90.1, Energy Standard for Sites and Buildings Except Low-Rise Residential Buildings*](#) sets requirements for energy recovery and fan efficiency—counterbalancing the energy required to deliver 62.1 outdoor airflow rates.

Once the ventilation and energy recovery requirements of Standards 62.1 and 90.1 are met, spaces with variable occupancy offer additional opportunities for energy savings through **Demand Control Ventilation (DCV)**. Standard 62.1 defines DCV as a ventilation system capability that automatically reduces outdoor air intake below design rates when actual space occupancy falls below design occupancy. Referenced in both standards, DCV relies on sensors to monitor real-time conditions and dynamically adjust fresh air volume accordingly.

Traditionally, Standard 62.1 calculates outdoor airflow rates based on peak design occupancy. However, facilities like educational institutions experience wide occupancy fluctuations throughout the day. Conditioning maximum outdoor airflow during low-occupancy periods results in overventilation and wasted energy. While systems must be sized to handle peak capacity, Standard 90.1 mandates DCV in specific applications to dynamically align fresh air delivery with actual occupancy.

For example, the graph at the right shows school cafeteria occupancy over time. The red line represents peak design occupancy, while the blue line tracks actual occupancy throughout the day. The substantial gaps between design capacity and actual usage highlight opportunities where outdoor airflow can be reduced to generate significant energy savings.



Typical cafeteria occupancy profile over time compared to peak design capacity.

WHEN IS DEMAND CONTROL VENTILATION REQUIRED?

To determine when DCV is mandated under Standard 90.1, engineers must evaluate specific system features, space sizes, and code exceptions.

MANDATORY CRITERIA

Per Section 6.4.3.8.1, DCV is required for spaces exceeding the minimum floor area thresholds outlined in **Table 6.4.3.8** (based on climate zone and occupant outdoor airflow rates) when served by systems featuring one or more of the following:

- ♦ An air economizer
- ♦ Automatic modulating control of the outdoor air damper
- ♦ Design outdoor airflow exceeding 3,000 CFM

KEY EXCEPTIONS

DCV is not mandated if a project meets any of the following conditions:

- 1. Systems without DDC:** Multiple-zone systems lacking Direct Digital Control (DDC) of individual zones communicating with a central control panel.
- 2. High Makeup Air Requirements:** Spaces where >75% of the design outdoor airflow is required for makeup air that is exhausted from the space or transfer air required for makeup air exhausted from other spaces.
- 3. CO2 Limits Not Applicable:** Spaces where maximum CO2 concentration above ambient is designated as “NA” in Standard 62.1, Table 6-1.
- 4. Specialized Healthcare & Code Restrictions:** Spaces regulated by ASHRAE Standard 170, applicable local codes, or accreditation standards that do not allow reductions in outdoor airflow.

Climate Zone	Occupant Outdoor Airflow Component (cfm/1000 ft ²) ^a					
	100 to 199	200 to 399	>400	100 to 199	200 to 399	>400
	Minimum Space Floor Area in ft ² where DCV Is Required					
	Areas without Exhaust Air Energy Recovery			Areas with Exhaust Air Energy Recovery ^b		
7, 8	400	200	150	800	400	250
5A, 6A, 6B	600	250	150	1400	900	400
0A, 0B, 1B, 3A, 4A, 5B, 5C	800	400	250	2000	1000	500
2A, 2B, 4C	1100	600	300	2300	1100	600
3B, 4B	1500	700	400	5200	2350	1250
1A	2400	1100	600	5800	2600	1400
3C	7000	3000	1700	12,000	6000	3000

a. Occupant outdoor airflow component in cfm per 1000 ft² shall be calculated as the product of default occupant density and outdoor airflow rate per occupant (R_p) as shown in ASHRAE Standard 62.1, Table 6.2.1.1.
b. Where exhaust air energy recovery is required by Section 6.5.6.1.

Minimum floor area thresholds where DCV is mandated (with and without energy recovery ventilation) per ASHRAE Standard 90.1, Table 6.4.3.8. ©ASHRAE, www.ashrae.org. (2025) ASHRAE Standard-90.1.

DETERMINING OUTDOOR AIR REQUIREMENTS

In HVAC design, a single-zone system serves a space or group of spaces whose thermal and ventilation loads are uniform enough to be controlled by a single thermostat and air handler.

To determine ventilation rates for a single-zone system, engineers typically rely on the [Ventilation Rate Procedure \(VRP\)](#) outlined in Standard 62.1. Under the VRP, total outdoor air intake is calculated by combining these two distinct components—people and building—into a fundamental equation for breathing zone outdoor airflow (V_{bz}):

$$V_{bz} = (R_p \times P_z) + (R_a \times A_z)$$

- ♦ **The People Component ($R_p \times P_z$):** Dilutes and removes metabolic pollutants generated by human occupancy. Here, R_p represents the outdoor airflow rate required per person (from Table 6-1 in Standard 62.1), and P_z is the zone population based on peak occupancy.
- ♦ **The Building Component ($R_a \times A_z$):** Dilutes and removes building-related contaminants originating from the off-gassing of construction materials, fabrics, and furnishings, regardless of occupancy. This base airflow rate also supports system supply, exhaust, and building pressurization needs. In this term, R_a is the required outdoor airflow rate per unit area (from Table 6-1), and A_z is the net occupiable floor area of the ventilation zone.

To see how these calculations work in practice using values from Table 6-1 of Standard 62.1, consider a school cafeteria with a net floor area of 2,690 sq. ft. and a peak design occupancy of 180 students and staff.

For the people component, Table 6-1 prescribes 7.5 CFM per person. At peak occupancy (180 people), this requires 1,350 CFM of fresh outdoor air. For the building itself, Table 6-1 assigns cafeteria spaces an area rate of 0.18 CFM/sq. ft., which adds 484 CFM for the 2,690 sq. ft. floor area. (Note that in some spaces, the minimum required exhaust rate exceeds the outdoor airflow calculated via Table 6-1. In those cases, the outdoor airflow must not be less than the exhaust rate. For the purposes of this example, exhaust requirements are set aside.)

The first fundamental equation in the VRP:

$$V_{bz} = (R_p \times P_z) + (R_a \times A_z)$$

Where:

- V_{bz} = Breathing Zone Outdoor Airflow [cfm]
- A_z = zone floor area, the net occupiable floor area of the ventilation zone, ft² (m²)
- P_z = zone population, the number of people in the ventilation zone during use
- R_p = flow rate of outdoor air required per person as determined from Table 6-1 (Informative Note: These values are based on adapted occupants.)
- R_a = flow rate of outdoor air required per unit area as determined from Table 6-1

ASHRAE 62.1-2025, section 6.2.1.1

Ventilation Rate Procedure (VRP) breathing zone outdoor airflow equation per ASHRAE Standard 62.1-2025, Section 6.2.1.1. ©ASHRAE, www.ashrae.org. (2025) ASHRAE Standard-62.1.

Occupancy Category	People Outdoor Air Rate R_p		Area Outdoor Air Rate R_a		Default Values		Air Class (6.2.6.2)	OS (6.2.6.2)	Maximum CO ₂ above Ambient, ΔC _{6,1}
	cfm/person	L/s/person	cfm/ft ²	L/s/m ²	Occupant Density #/1000 ft ² or #/100 m ²				
Cafeteria/fast-food dining	7.5	3.8	0.18	0.9	67	2			900
Kitchen (cooking)	7.5	3.8	0.12	0.6	5	2			NA
Restaurant dining rooms	7.5	3.8	0.18	0.9	67	2			1500
General									
Break rooms	5	2.5	0.06	0.3	25	1	✓		1500
Coffee stations	5	2.5	0.06	0.3	20	1	✓		1200
Conference/meeting	5	2.5	0.06	0.3	50	1	✓		1500
Corridors	—	—	0.06	0.3	—	1	✓		NA
Occupiable storage rooms for liquids or gels	5	2.5	0.12	0.6	2	2			NA

Minimum ventilation rates and occupancy parameters excerpted from ASHRAE Standard 62.1-2025, Table 6-1. ©ASHRAE, www.ashrae.org. (2025) ASHRAE Standard-62.1.

Combining these components, when the cafeteria is fully occupied, it requires 1,834 CFM of outdoor air. When the cafeteria is completely empty, only 484 CFM of outdoor air is required. To successfully implement DCV, the system must determine or estimate actual space occupancy at any given time.

DETERMINING ACTUAL OCCUPANCY FOR DEMAND CONTROL VENTILATION

There are several methods to assess occupancy and the amount of fresh air required. The two most common approaches are detailed below.

CO2 SENSORS DYNAMICALLY MATCH OUTDOOR AIRFLOW TO ACTUAL OCCUPANCY

The most common approach is measuring carbon dioxide (CO2) levels directly in the space. Because human CO2 production per person is predictable, space CO2 levels can be used to accurately estimate real-time occupancy (refer to ASHRAE 62.1-2013, Appendix C, pages 38-39 for information on this relationship). By monitoring space CO2, the sensor can vary the amount of outdoor air with the varying occupancy.

RenewAire ERVs with Premium Controls when paired with CO2 sensors can deliver an effective DCV strategy. The ERVs lower the cost of conditioning outdoor air, while the CO2 sensors reduce the total volume of air required by measuring real-time demand.

This specification allows the system to dynamically reset outdoor air intake as CO2 levels change. The Premium Controls package enables setting specific airflow rates based on space CO2 readings. Additionally, newer versions of the ventilation standard require sensors to be located directly in the breathing zone, and RenewAire offers zone sensors with a local display to meet this requirement.

ASHRAE 62.1-2022 User Manual, Appendix A explains the derivation of the steady state equations used here.

Using the school cafeteria example from before, the total flow at design is 1,834 CFM. At design N of 180 students, the cafeteria receives VO = 10.19 CFM/student. Assuming the CO2 generation rate of 0.0106 cfm per person and the design ventilation rate of 10.19 cfm per person, the resulting indoor-to-outdoor CO2 concentrations differential is:

$$CS - COA = N / VO$$

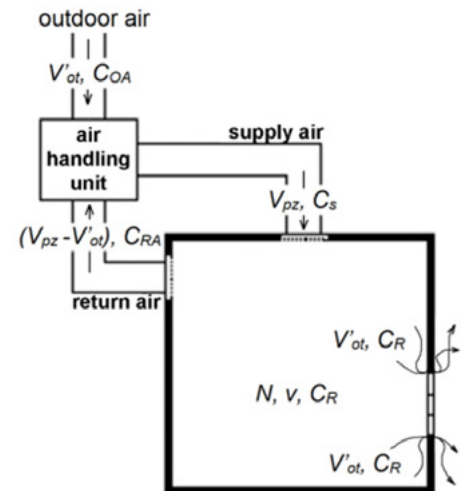
$$CS - COA = 0.0106 / 10.19 = 0.0010402 = 1040 \text{ PPM.}$$

Note, this is the CO2 level above ambient. Assume the ambient CO2 is 400 PPM. Therefore, we would want to maintain:

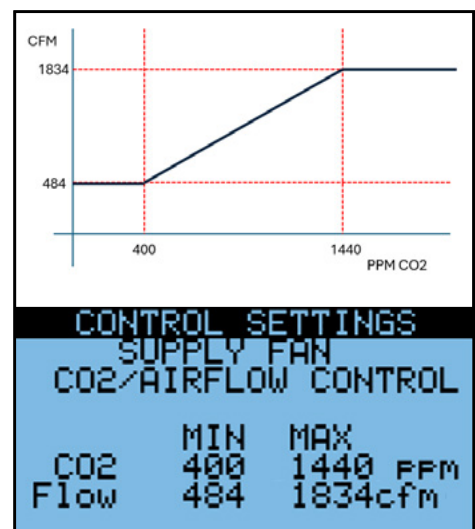
$$1,834 \text{ CFM at } 1040 + 400 = 1440 \text{ PPM.}$$

When using demand-control ventilation strategies, if the space is unoccupied, the “people” aspect can be eliminated, and the outdoor air can be reduced to the building requirement portion. From this we get the other point: 484 CFM at 400 PPM.

Shown at right is the graph of this relationship and the corresponding controller settings. The total, then, is 1,834 CFM. At design of 180 students, the cafeteria receives 10.19 CFM/student.



Single-zone outdoor air mass balance schematic adapted from ASHRAE Standard 62.1-2022 User Manual, Appendix A. ©ASHRAE, www.ashrae.org. (2022) ASHRAE Standard-62.1.



Relationship between space CO2 concentration and required outdoor airflow (CFM) for the cafeteria example (top), and the corresponding setpoints programmed into the RenewAire Premium Controller display menu (bottom).

OCCUPANCY SENSORS TRIGGER FULL PER PERSON AIRFLOW

A simple way to adjust the amount of air entering a space is to use an occupancy sensor. This method is best suited for spaces that typically maintain a consistent number of occupants when in use.

When occupants are detected, the system will signal the ERV to turn on or off, or **trigger Boost Mode when equipped with RenewAire's standard, Enhanced, or Premium Controls packages**. RenewAire offers these occupancy sensors with an integrated relay to handle either on/off operation or Boost Mode airflow adjustment. They are available in both ceiling-mount and wall-mount versions.



RenewAire ceiling- and wall-mounted occupancy sensors trigger airflow changes based on activity within the space.

"OCCUPIED STANDBY" SPACES

The 2016 edition of ASHRAE 62.1 introduced the term "occupied standby." For specific occupancy categories, when a space is temporarily unoccupied, ventilation airflow can be reduced all the way to zero. Eligible space types are designated with a checkmark in the "OS" column of Table 6-1 (ASHRAE 62.1-2019 through 2025 editions), with select examples shown in the tables below. In all cases, ensure sufficient airflow is maintained to satisfy space thermal comfort and conditioning needs.

EDUCATIONAL FACILITIES	OFFICES	HOTELS, RESORTS, DORMITORIES
Lecture/post-secondary classroom	General	Common area corridors that provide access to guest rooms
Lecture hall (fixed seats)	Break rooms (lounges)	Classrooms (professional training rooms)
Music/theater/dance	Coffee Stations	Conference/meeting
Multiuse assembly (only those less than 1,000 square feet)	Conference/meeting	Multiuse assembly (only those less than 1,000 square feet)
Corridors	Corridors	Corridors

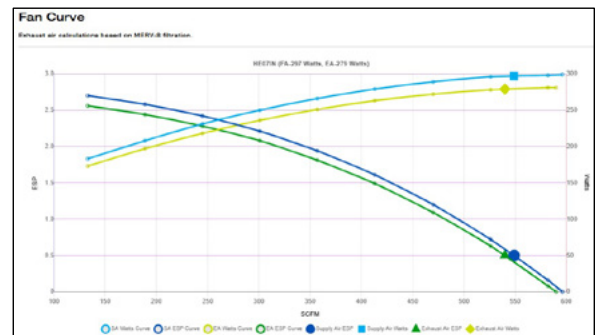
SERVING MULTIPLE OR LARGE AREA SPACES

Applications serving large spaces or multiple zones require multiple sensors and additional system calculations. The RenewAire Premium Controls package supports up to four field-installed CO₂ sensors, depending on other active control features. The control program automatically adjusts outdoor airflow based on the zone with the highest CO₂ reading, ensuring proper ventilation across all spaces.

For occupied standby for zero-flow operation, all served zones must fall within qualifying occupancy categories to maintain code compliance.

VERIFYING THE FAN CURVE ON THE SELECTED UNIT

When varying airflow, ensure the unit's fan curve supports the required range for your application. This is especially important for applications using VFDs. ECM fans are more flexible but should not be run at speeds below 25%. Always check both minimum and maximum flow values during unit selection.



Representative fan curve generated via RenewAire CORES software, illustrating unit airflow capability across varying static pressures.

CO2 ALARM THRESHOLDS

ASHRAE Standard 62.1-2025 introduced a column for maximum CO₂ above ambient in Table 6-1 Minimum Ventilation Rates (shown below). The unit controller triggers an alarm if space CO₂ levels exceed this setpoint, which is calculated by adding ambient CO₂ concentration to the tabulated differential value. Beyond tracking CO₂ limits, each sensor also has an alarm if an error is detected.

Occupancy Category	People Outdoor Air Rate R_p		Area Outdoor Air Rate R_a		Default Values			Maximum CO ₂ above Ambient, $\Delta C_{6.1}$
	cfm/person	L/s·person	cfm/ft ²	L/s·m ²	Occupant Density	Air Class	OS (6.2.6.2)	
					#/1000 ft ² or #/100 m ²			
Cafeteria/fast-food dining	7.5	3.8	0.18	0.9	67	2		900
Kitchen (cooking)	7.5	3.8	0.12	0.6	5	2		NA
Restaurant dining rooms	7.5	3.8	0.18	0.9	67	2		1500
General								
Break rooms	5	2.5	0.06	0.3	25	1	✓	1500
Coffee stations	5	2.5	0.06	0.3	20	1	✓	1200
Conference/meeting	5	2.5	0.06	0.3	50	1	✓	1500
Corridors	—	—	0.06	0.3	—	1	✓	NA
Occupiable storage rooms for liquids or gels	5	2.5	0.12	0.6	2	2		NA
Hotels, Motels, Resorts, Dormitories								
Barracks sleeping areas	5	2.5	0.06	0.3	20	1	✓	900
Bedroom/living room	5	2.5	0.06	0.3	10	1	✓	600
Laundry rooms, central	5	2.5	0.12	0.6	10	2		NA

Table 6-1: Minimum ventilation rates and maximum CO₂ concentration limits above ambient per ASHRAE Standard 62.1-2025, Table 6-1. ©ASHRAE, www.ashrae.org. (2025) ASHRAE Standard-62.1.

SUMMARY

With each version of the ASHRAE standards comes more insight into energy use as well as IAQ. By implementing energy recovery technology alongside dynamic CO₂ controls, HVAC systems reduce overall heating and cooling loads while delivering precise, occupant-based ventilation. Future standard revisions will only continue to prioritize this dual focus on energy savings and [indoor environmental quality](#).

FAQs

1. Where to find requirements in the ASHRAE Standard 62.1?

ASHRAE STANDARD 62.1 VENTILATION AND ACCEPTABLE INDOOR AIR QUALITY					
Edition	2013	2016	2019	2022	2025
Ventilation Rate Procedure (VRP)	6.1.1	6.1.1	6.2	6.2	6.2
VRP Rate Table	Table 6.2.2.1	Table 6.2.2.1	Table 6-1	Table 6-1	Table 6-1
DCV	6.2.7.1	6.2.7.1	6.2.6.1	6.2.6.1	6.2.6.1

2. Where to find requirements in the ASHRAE Standard 90.1?

ASHRAE STANDARD 90.1 ENERGY STANDARD FOR SITES AND BUILDINGS EXCEPT LOW-RISE RESIDENTIAL BUILDINGS (PRESCRIPTIVE COMPLIANCE PATH)					
Edition	2013	2016	2019	2022	2025
Requirements for Energy Recovery	6.5.6.1	6.5.6.1	6.5.6.1	6.5.6.1	6.5.6.1
Requirements for Fan Efficacy	6.5.3.1	6.5.3.1	6.5.3.1	6.5.3.1	6.5.3.1
	6.5.3.5	6.5.3.6	6.5.3.6	6.5.3.7	6.5.3.7
Requirement for DCV in some spaces	6.4.3.8	6.4.3.8	6.4.3.8	6.4.3.8	6.4.3.8
				Table 6.4.3.8	Table 6.4.3.8

REFERENCES

1. ASHRAE Standard 62.1-2025 Ventilation for Acceptable Indoor Air Quality
2. ASHRAE Standard 62.1-2019 User Manual Appendix A
3. ASHRAE Standard 62.1-2013 Ventilation for Acceptable Indoor Air Quality
4. ASHRAE Standard 90.1-2025 Energy Standard for Sites and Buildings Except Low-Rise Residential Buildings
5. ASHRAE Position Document on Indoor Carbon Dioxide 2025